

Sana Ahmed, DDS

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Professional Statement

My goal as a dedicated Oral Health Professional is to provide the highest quality of dental care available to all of my patients in an extremely calm, compassionate and comprehensive manner. Professionalism, honesty and integrity are the core principles and values in my practice. I pride myself in taking numerous high-quality continuing education courses in cosmetic dentistry, implant dentistry and endodontics which makes me capable of providing my patients the very best, state of the art dental care. My passion is to restore my patients' smiles using my strong artistic background and to give them the benefits of optimum oral health.

Professional Experience

General Dentist, Lourdes Center for Oral Health, Binghamton, NY Oct 2017-present, Jan 2015- Dec 2016
Duties include diagnosing oral health anomalies and treating dental diseases to vulnerable and special needs populations with all phases of general dentistry including non-surgical root canal therapy, simple and surgical extractions and restorations. Furthermore, helping patients develop improved oral hygiene regimens through education and self-management goals was accomplished.

General Dentist, Dental Salon, Chicago, IL March 2017-Oct 2017
Provided comprehensive dental care in all disciplines of general dentistry including cosmetic dentistry, veneers, Invisalign, non-surgical root canal therapy, simple and surgical extractions, fixed and removable prosthodontics. Treatment planning and case presentation skills were thoroughly improved upon in a multispecialty group setting.

General Dentist, Great Hill Dental Partners LLC, Chelmsford, MA July 2014- Dec 2014
Expanded my skill set by learning from practitioners within the multi-specialty group practice improving diagnosis and treatment planning skills. Provided dental treatment in all phases of general dentistry including simple and surgical extractions, restorations, fixed and removable prosthodontics.

References available upon request

Education

Stony Brook General Practice Residency PGY-1 Resident July 2013- June 2014
Special training in E4D/Cerec/implant placement/implant restorations

Stony Brook School of Dental Medicine, Doctor of Dental Surgery with Research Distinction Aug 2009- May 2013

SUNY Binghamton University, Bachelor of Arts in Chemistry Aug 2005- May 2009
GPA: 3.857; Dean's List

Professional Memberships

American Association of Endodontists (AAE) Jan 2015- present
EndoLit 2015- present
American Dental Association (ADA) 2013- present
NYS Dental Association (NYSDA) 2013- present
American Student Dental Association (ASDA) 2011-2013



Endodontic Externships

University of the Pacific, Arthur A. Dugoni School of Dentistry , Endodontics Externship	Oct 2018
NYU Langone Hospital-Brooklyn , Endodontics Clinical Externship	Dec 2017, Feb 2018
University of Illinois at Chicago , Endodontics: Weekly Literature Reviews & Case Presentations	Feb 2017-June 2017
Albert Einstein Endodontics Clinical Externship: 1 Week	Dec 2015
Shadowing Endodontist , Dr. David Z. Brunson, Binghamton, NY	2015-present

Continuing Education

Chicago Dental Society Midwinter Meeting	Feb 2019
Anterior Tooth Positioning for Occlusion and Esthetics Instructor: Dr. Thomas McDonald	Feb 2019
Creating Composite Veneers Instructor: Dr. Frank Milnar	Feb 2019
Obstructive Sleep Apnea: Looking Beyond Teeth & Saving Lives Instructor: Dr. Jamison Spencer	Feb 2019
Dental Sleep Medicine Workshop Instructor: Dr. Jamison Spencer	Feb 2019
CBCT: Optimal Diagnosis for Optimal Patient Care Instructor: Dr. Richard Monahan	Feb 2019
Greater New York Dental Meeting	Nov 2018
Anterior All-Ceramic Restorations: Concept to Cementation Instructor: Dr. Edward Lowe	Nov 2018
Dental Sleep Medicine for the General Dentist Instructor: Dr. Cameron Kuehne	Nov 2018
Treating Worn Dentition Instructor: Dr. Lee Ann Brady, Dr. Mark Kleive (Spear)	Nov 2018
Fifty Useful Clinical Tips in Three Hours Instructor: Dr. Gordon Christensen	Nov 2018
Crown Lengthening Hands-On Workshop Instructor: Dr. James S. Kohner	Nov 2018
Invisalign Fundamentals Course Certificate	Nov 2018
Columbia CDM: Managing Complex Esthetic & Implant Cases Instructors: Dr. Mark Pitel, Dr. Thomas Magnani, Dr. Marc Schlenoff, Dr. Frank Valdinoto, Dr. Daniel Budasoff, Dr. Nurit Bittner, Dr. James Fine, Dr. Carlos Garzon, Dr. Gary Kaye & Jason Kim, CDT Columbia University Irving Medical Center, NYC	March 2018



R2C- The Root to Crown Solution Instructor: Dr. George Bruder Dentsply Sirona Endodontics, West Berlin, NJ	Dec 2017
American Association of Endodontists (AAE) Annual Meeting 2017, New Orleans	April 2017
2017 Chicago Implant Continuum Mini-residency Instructor: University Dental Professionals	April 2017- Oct 2017
Intense Endodontics: A 2 Day Hands-on Workshop Instructor: Barry Lee Musikant, DMD & Allan S. Deutsch, DMD Hands-On Dental Education Center (HODEC), S. Hackensack, NJ	Feb 2016
Bender-Seltzer-Grossman Academic Review of Endodontology Course Director: Frederic Barnett, DMD, Department Chairman, Maxwell S. Fogel Department of Dental Medicine, Chair and Program Director, I.B. Bender Division of Endodontics, Einstein Medical Center, Philadelphia, PA	Oct 2015- Nov 2015
Non-surgical Therapeutic Management (Periodontics) Instructor: Dr. Thomas Nabors & Pamela Peterson, Newton Upper Falls, MA	Sept 2014
Management of Patients with Advanced Parafunction Instructor: Nobel Biocare USA, LLC & Dr. Ronald Haas, Deer Park, NY	April 2014
Options & Decision Factors for Implant Prosthetics Instructor: Nobel Biocare USA, LLC & Dr. Douglas Foerth, Huntington, NY	Oct 2013

Leadership & Community Service

Posterior Endodontic Therapy Procedure Proposal for Medicaid Beneficiaries at Lourdes Center for Oral Health	Oct 2018
NYS Medicaid reimbursements for beneficiaries does not cover posterior endodontic therapy. In an effort to cover root canal expenses for Medicaid beneficiaries, a proposal was introduced to Lourdes Center for Oral Health and Patient Financial Assistance Program (PFAP) committee by myself. In my presentation, I advocated for the incorporation of posterior root canal therapy in order to preserve patients' existing dentition and in turn improve their quality of life. Afterwards, the PFAP committee approved to fund our proposal.	
Lourdes Hospital Medical Mission at Home	2016, 2017
Provided dental services to the poor, vulnerable and underserved population in Broome County, NY.	
South Dakota Dental Outreach Mission	June 2012
One of eighteen applicants selected to participate in the 2012 South Dakota Pine Ridge Outreach Program. The Academic Standing Committee based the decision upon an application essay, faculty clinical recommendations, peer review, and an academic review. The goal of this mission was to provide exceptional quality and dental care to the underserved population residing in Pine Ridge, SD. Greater knowledge and experience was gained in the procedures pertaining to Oral Surgery, Endodontics, Prosthodontics, and Operative Dentistry.	
AAPD Outreach Mission at Hiawatha Elementary School	Aug 2011- Aug 2013
American Academy of Pediatric Dentistry (AAPD) member and volunteer for health fair at Hiawatha Elementary School in Lake Ronkonkoma, NY. Educated parents and children about the importance of proper oral hygiene and home care in the prevention of	



dental caries and periodontal disease by performing dental screenings with the use of stuffed animals, toothbrushes, and ADA pamphlets.

COIN Undergraduate Liaison for Outreach Activities

Aug 2011- Aug 2012

Member of Community Outreach and Interfaith Network. Communicated with various religious group organizations in the Stony Brook Undergraduate University to facilitate inter-faith unity through community service activities such as soup kitchen and Little Flower Orphanage trips.

SI Program Coordinator

Aug 2010- Aug 2012

SI leader, assisting program director, Dr. Nasti in calibrating all year 2 students for success in year 2 operative clinic and clinical dentistry. Had monthly sessions focusing on topics of weakness of the class a whole in concepts such as bases and liners, and how to schedule patients and navigate through the school's patient database program, Axium.

Little Flower Orphanage Volunteer

Aug 2010- Aug 2013

Served as a mentor and educator teaching children invaluable health principles and standards that they will be able to carry with them into adulthood.

Curriculum Committee Representative

Aug 2009- Aug 2010

Communicated with the Academic Standing Committee the needs and concerns of my class for year 1.

Fundraising Coordinator for Mission to Madagascar & Chili Outreach

Aug 2009- Aug 2010

Helped publicize and fundraise in the Stony Brook Hospital for dental outreach missions through participation in bake sales and posting flyers.

Research

2011 ADEA Conference: Perceptions of Oral Health Care in the Indigenous People of Chile

Aug 2010- Aug 2011

The Southern area of Chile is inhabited by two main groups of people; individuals of Hispanic and Mapuche descent. The indigenous, Mapuche population reside in the Araucania region of Chile and constitute 4% of the Chilean population (16,928, 873). The purpose of this research is multifaceted. One objective is to identify the barriers that prevented the Mapuche people from seeking dental care in the past. Another objective is to identify factors that caused patients to seek Stony Brook dental team for treatment. A final objective is to examine why the Mapuche perceive treatments preferably by foreign dentists rather than local dentists. The data will be analyzed by the administration of a questionnaire by the dental team. The research was presented both locally and nationally at the Student Research Day and the ADEA meeting, respectively.

**Undergraduate Research presented at the ACS (American Chemical Society) Meeting:
Synthesis of Fluorescent "Turn On" Chemosensors**

Aug 2007- Aug 2009

Conjugated polymer chemosensors have become an important component of many fluorescence based sensing systems. Remarkable chemical sensitivity has been observed in these systems as a result of their electronic and photonic properties and the molecular wire nature of an extended π -system. Here we report the synthesis of 1-(2,5-dibromothiophen-3-yl)methylpiperazine a piperazine receptor loaded monomer that was incorporated into a poly[p-(phenyleneethynylene)-alt-(thienylene-ethylene)](PPETE) polymer backbone. This receptor provides the opportunity for a fluorescent turn-on sensor based on photoinduced electron transfer between the receptor and the polymer backbone. The synthesized monomers and polymers were fully characterized by spectroscopic techniques and will be further evaluated as fluorescent chemosensors for nickel cations in solution.



Honors/Awards

American Academy of Oral & Maxillofacial Radiology Achievement Award	May 2013
The Pam Combs & John Primavera Scholarship for Community Service	May 2013
Academy of Dentistry for Care of Persons with Developmental Disabilities	May 2013
ACS (American Chemical Society) Analytical Chemistry Award	April 2008
Lawrence and Rita Davis Pre-Dental Scholarship	April 2008
The National Scholars Honor Society	April 2008
Edward Thorson Pre-Health Scholarship	May 2007

Extracurricular Activities

In my free time I enjoy painting my own canvas with oil paints, working out, playing tennis, and chess. Most importantly, I enjoy making time to spend with dear family and friends. I am fluent in Urdu/Hindi and basic Spanish.