

Do Your Part to Help Stop the Spread of COVID-19

**Stay home if
you are sick**

**Wash your hands
with soap and water
often and for at least
20 seconds**

**Avoid touching
your eyes, nose
and mouth**

**Avoid close
contact with those
who are sick**

**Cover your cough or
sneeze with a tissue
and discard it in the
trash immediately**

**Clean and
disinfect frequently
touched objects
and surfaces**