

ANISHA UPPAL

auppal26@gmail.com | (203) 224-0681

EDUCATION

Boston University Henry M. Goldman School of Dental Medicine (GSDM), Boston, MA Jul 2015 – May 2019
Doctor of Dental Medicine

New York University, New York City, New York Aug 2010 – May 2014
Bachelor of Arts with Pre-Medical Concentration and Major in Psychology

PROFESSIONAL EXPERIENCE

Pediatric Dental Resident, Woodhull Medical Center, Brooklyn, NY Jul 2021-Jun 2023

- Provided comprehensive dental care to over 1,000 patients of the pediatric and adolescent population including stainless steel crowns, pulpotomies and pulpectomies, composite restorations, hall crown technique, SDF, indirect pulp caps on primary and permanent teeth, behavior management, and chairside space maintainer fabrication
- Delivered comprehensive oral rehabilitation in the OR for pediatric patients
- Performed dental care using oral conscious sedation to the pediatric population
- Conducted an IRB-approved research study to be presented at the AAPD Seminar in May 2023
- Participated in literature reviews and didactic lectures

Pediatric Dental Fellow, Montefiore Medical Center, Bronx, NY Jul 2020-Jun 2021

- Provided comprehensive dental treatment to the pediatric and special needs population alongside pediatric dental residents in various sites
- Performed in-house on-call responsibilities for dental emergencies
- Participated in didactic curriculum as well as literature review seminars with pediatric dental residents

Dental Resident, St. Barnabas Hospital, Bronx, NY Jul 2019- Jun 2020

- Provided dental treatment on patients in need of oral healthcare including operative, fixed prosthodontics, implant dentistry, removable prosthodontics, endodontics, and oral surgery
- Supported several departments throughout the hospital during the onset of the COVID-19 pandemic including delivering medications to Pyxis on floors, providing emergency dental care, monitoring oxygen saturations of COVID-19 inpatients, and testing symptomatic patients in the COVID-19 Testing Center tent
- Participated in daily lectures as well as presented several case presentations throughout the year
- Performed emergency dental treatment when taking hospital calls every month
- Gained experience treating different patient populations including special needs patients, pediatric patients, and patients with dental phobia/anxiety

Student Dentist, GSDM clinic, Boston, MA Aug 2017-May 2019

- Provided dental treatment on patients including operative, crowns, bridges, root canal treatments, dentures and extractions as well as created comprehensive treatment plans to present to patients before they undergo treatment

Dental Extern, Dimock Community Health Center, Boston, MA Oct 2018-Dec 2018

- Provided comprehensive treatment plans and dental care for patients including endodontics, operative, fixed prostheses, removable prostheses, and extractions

Dental Intern, Center for Special Dentistry, New York, NY Jun 2014- Jun 2015

- Assisted in dental procedures providing care to dental phobic patients; sterilized instruments; took radiographs; managed front desk/administrative responsibilities including insurance, handling of bills, scheduling patients and re-stocking supplies

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LEADERSHIP

Chief Resident, Woodhull Pediatric Dentistry Residency, Brooklyn, NY Jul 2022-Jun 2023

- Managed administrative duties including ordering clinic supplies and organizing clinical outreaches
- Participated actively in discussions related to resolution of issues in the medical and dental departments in the quarterly GMEC meetings held by the hospital
- Arranged monthly lecture schedules as well as the on-call schedules for the pediatric dental residents
- Collaborated with the program coordinator in organizing interviews and coordinating the social for incoming pediatric dental applicants

Community Outreach Committee Chair, South Asian Student Dental Association, GSDM, Boston, MA Sept 2018-May 2019

- Organized volunteer activities and events involving dental screenings while also incorporating South Asian culture such as performing dental screenings at the India Day Festival

Orientation Ambassador, GSDM, Boston, MA Jul 2018-Aug 2018

- Offered incoming dental students a welcoming introduction to the program and served as a role model and help them in merging into a new community
- Led students on campus tours and social activities and served as a group leader for a group of 10-12 students, guiding them into the beginning transition to dental school

TEACHING EXPERIENCE

Teaching Assistant, Preclinical Removable Prosthodontics at GSDM Aug 2018-Feb 2019

- Helped second-year dental students in the Simulated Lab Center with removable prosthodontic procedures by assisting them with hands-on patient care on manikins to prepare them for treating patients in clinic; served as a mentor for students throughout the course

COMMUNITY OUTREACH

Dental Screener, GSDM Community Service Outreach, Boston, MA Sept 2015-May 2019

- Offered free dental screenings as well as promoted oral healthcare
- Provided prevention treatment such as fluoride application and sealants at Boston Children's Museum, GSDM, Crispus Attucks Children's Center, Rosie's Place, and Orchard Gardens School

Student Dentist, Project Stretch, Teacapan, Mexico Feb 2019

- Provided dental treatment to the pediatric population who do not have access to dental healthcare by performing dental work including, but not limited to, sealants, extractions, ITRs, and other emergency treatment

PROFESSIONAL AFFILIATIONS

American Academy of Pediatric Dentistry

American Dental Association

South Asian Student Dental Association

Yankee Dental Congress

PROFICIENCIES AND CERTIFICATIONS

Certifications: BLS, PALS

Technology: Cerec, CAD/CAM, CBCT